

# Getting great results with Fenestra® nanoemulsions

**Fenestra® nanoemulsions provide long-lasting contrast enhancement for a wide range of applications in preclinical computed tomography and molecular imaging.**

## Using Fenestra®

The guidelines and recommendations in this publication are provided to help you optimize image quality and comply with established regulations for animal studies.

## Fenestra® LC and VC

Because of their comparatively long and stable in vivo residence times, Fenestra® contrast agents can be used to access anatomy and function in a wide range of microCT imaging applications. Prolonged enhancement of the entire hepatobiliary system is possible from a single intravenous administration of Fenestra® LC, while the intravascular formulation of Fenestra® VC provides superior vascular characterization and enables 4D cardiac imaging.

Fenestra® LC enables visualization of the hepatobiliary system and liver function by mimicking chylomicron remnants and localizing contrast-producing lipids into the liver's parenchyma. In normal animals, hepatic contrast enhancement lasts for up to several hours after injection.

Fenestra® VC is a refined version of Fenestra® LC in which the surface of the lipid emulsion particles is modified to alter recognition of the particle by the receptors on the hepatocytes that are responsible for uptake into the liver. This delayed uptake produces contrast enhancement of the entire vascular system that can last for several hours. Fenestra® VC remains intravascular as long as the endothelial integrity of the vessel is maintained. Like its liver-selective counterpart, Fenestra® VC is eventually metabolized and eliminated through the hepatobiliary system.

## Storage and General Use

Fenestra® contrast agents are non-toxic, non-radioactive, and do not contain active or biological products. Special care is NOT required for storage, handling, or disposal. However, you should wear goggles and disposable gloves as well as protect clothing whenever you use Fenestra®.

## Storage

Always store Fenestra® at room temperature. Refrigeration is NOT recommended. Even partial freezing, which is likely to cause phase separation, can render the product ineffective as well as toxic. Do NOT transfer to any other container.

## Expiry Date

Check the expiration date prior to administration. Do NOT use expired Fenestra®.

## Appearance

Examine the liquid prior to use. Fenestra® should appear as a homogenous white or slightly off-white milky fluid, without any solids or separation into distinct liquid phases. Do NOT use if the formulation appears to have separated into oil and water phases or appears to have solidified.

## Usage

Record the date of first entry into the vial prior to use. Discard the remaining material 30 days after the first entry. Do NOT dilute or combine with any other product.

Unadulterated Fenestra® should be injected directly. Disinfect the vial with an alcohol swab before each usage.

## Dosage

Fenestra® is typically administered intravenously via a lateral tail vein. CT enhancement profiles of Fenestra® will vary with dose. Refer to review article MicroCT liver contrast agent enhancement over time, dose, and mouse strain (Mol Imaging Biol. 2008 Mar-Apr;10(2):114-20. doi: 10.1007/s11307-007-0128-x. Epub 2008 Jan 16 available at <http://www.ncbi.nlm.nih.gov/pubmed/18204990>)

## Preparation

Mix Fenestra® by gentle inversion of the vial before administration. Avoid shaking, which can create air bubbles. If the agent is not used within five to ten minutes of drawing the dose, the contents of the syringe should be remixed by gentle inversion prior to injection. You should be aware that it can be difficult to see bubbles in Fenestra®, which is opaque.

## Elimination

Fenestra® is normally eliminated in the feces with only a fraction of the product will be eliminated in the urine of normal animals.

## Animal Preparation and Other Considerations

You should consider implementing the following recommendations for preparing and anesthetizing animals to help optimize your imaging studies. All studies should be preceded by a preliminary investigation to validate experimental parameters. You should note that animal strain, diet, housing, dosage, experiment design, and other factors may affect the metabolism of Fenestra®.

Always follow your approved experiment protocol and the accepted standards for the care and use of laboratory animals whenever you prepare, anesthetize, or dose an animal.

## Minimize Stress

Laboratory animals, particularly mice, are easily stressed if they are not accustomed to being handled. Shielding rodents from extremes of light, temperature variations, and loud noises can also make a noticeable difference in how well experimental procedures are tolerated. Some investigators opt for administering a short-acting inhalant anesthetic, such as isoflurane, to reduce or eliminate anxiety associated with handling and dose administration.

## Diet and Fasting

Most commercial laboratory animal chow contains considerable quantities of radio-opaque minerals that can cause significant image artifacts. If possible, fast animals prior to imaging studies or, preferably, place animals on a liquid or soft vegetable diet 24 to 48 hours prior to imaging.

## Benadryl Pretreatment

Some users report that pretreatment with Benadryl, diphenhydramine hydrochloride, improves tolerance to Fenestra®; presumably similar to the way Benadryl can reduce the symptoms of iodine allergy in humans receiving iodinated contrast media. MediLumine cannot recommend a specific pretreatment procedure, but the literature suggests that mice can tolerate Benadryl up to at least 10 mg/kg body weight delivered via intraperitoneal injection.

## Hydration

Evidence suggests that mice tolerate Fenestra® better when they are well-hydrated. This is not surprising as most protocols involve large doses of agent relative to total blood volume and Fenestra® agents comprise over 20 percent lipids by weight. Achieving optimum hydration includes allowing unlimited access to water up to the initiation of anesthesia and as soon as animals return to consciousness. As an alternative, some users inject a 0.2 to 0.5 ml isotonic saline solution subcutaneously between the shoulder blades shortly before IV administration of Fenestra®. Other users habitually administer liposyn intraperitoneally prior to administration of Fenestra®.

## Keep Animals Warm

It is vital that the animal's body temperature is maintained within acceptable limits at all times. Careful use of a mild heat source, such as a heating pad or heat lamp, during animal preparation and waiting periods can help prevent hypothermia. Control of body temperature is especially important while animals are anesthetized and during recovery. Wrapping the anesthetized mouse in a single layer of bubble wrap can help maintain body heat during the scanning regimen.

## Anesthesia

The choice of an anesthetic or other agent for immobilization should always be based upon individual protocols and local guidelines. When determining your anesthetic needs, you should consider the duration of anesthesia required for completion of the scan, the desired level of anesthesia, and how anesthetic affects on respiration rate and cardiac function may influence image quality. You should also be aware that some anesthetic agents, such as pentobarbital, may alter the pharmacokinetics of Fenestra®. Consult a veterinarian and your local guidelines when considering the use of any agent.

Isoflurane inhalation is a preferred approach for anesthesia, as it allows animals to recover quickly and is amenable to multiple same-day scanning sessions. A typical procedure calls for inducing mice at 4 to 5% and then maintaining anesthesia at 1.5 to 2% isoflurane. The animals should be fully anesthetized and ready for injection and scanning within a few minutes. As an alternative, some researchers use an intraperitoneal injection of a mixture of ketamine (80 mg/kg body weight) and xylazine (5 mg/kg body weight). This technique usually affords 45 to 60 minutes of anesthesia.

Maintenance of anesthesia can be achieved with quarter dose increments as needed.

You should note that when animals are to be scanned at multiple time points on the same day, it is usually preferable to bring them back to consciousness between scanning procedures. You should also note that animals are particularly prone to hypothermia when anesthetized and should be kept warm until they can resume normal activity.

## Cardiac and Respiratory Gating

Gating may be necessary for some cardiothoracic imaging studies if normal respiration affects image quality. Refer to the review article Gating in small-animal cardiothoracic CT (Methods. 2010 Jan;50(1):42-9. doi: 10.1016/j.ymeth.2009.07.006. Epub 2009 Aug 3 available at [www.ncbi.nlm.nih.gov/pubmed/19651213](http://www.ncbi.nlm.nih.gov/pubmed/19651213)).

## Injection Techniques

Fenestra® is typically administered intravenously via the lateral tail vein, but can be introduced into any viable vessel. The use of a catheter, such as Strategic Applications' 12-inch mouse tail vein catheter MTV-01, is strongly recommended. Terumo tuberculin syringes can also be used. Because Fenestra® persists in the animal for several hours, rapid injection is not required. A slow bolus injection rate of about 1 ml/minute is optimal. If injected properly, the agent should flow smoothly into the vessel with virtually no resistance. Do NOT inject Fenestra® unless you are sure that the catheter or needle is in the vein.

You should note that tail vein injection requires considerable skill. Ask for assistance if your own experience is limited. Successful tail vein injections can be facilitated by dipping the tail in warm water to induce vasodilation, cleaning hair and scales off the tail at the injection site, using a magnifying light to properly visualize the vessel, and inserting the needle with the bevel facing up and then rotating once inside the vessel.



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